

For more information about occupational eye injury, visit the Healthy Vision Website at www.healthylvision2010.org/.

Prevent Injury. Use Protective Eyewear.

Are you at risk for occupational eye injury?

Hundreds of thousands of workers sustain eye injuries each year that threaten their vision.

Dust; bits of wood, metal, or plastic; industrial chemicals; extreme heat or light; and hanging or swinging objects are just some of the things that can injure your eyes at work. Your risk of eye

injury is increased if you work with power tools, machines, chemicals, and/or welding torches.



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
National Institutes of Health
National Eye Institute

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Who should be concerned about occupational eye safety?

Employers and those working in manufacturing, construction, agriculture, maintenance, research, and health care need to be aware of the risks to their sight.

What can employers do about occupational eye injury?

Make your work environment as safe as possible.

- ❖ Conduct a hazard assessment to identify potential eye hazards such as hanging or protruding objects.
- ❖ Remove eye hazards from the worksite.
- ❖ Provide the appropriate protective eyewear for your employees and require them to wear it.
- ❖ See an eye care professional for all eye injuries.
- ❖ Know basic eye injury first aid.
- ❖ Wash out minor dust in the eye at the eyewash station.

- ❖ Flush chemical splashes immediately and continue while the injured worker is transported to medical help.
- ❖ Leave nails, wire, slivers, and other fragments in the eye alone and call an ambulance immediately.
- ❖ Seek immediate medical treatment for severe blows to the eye.

How can you protect yourself against occupational eye injury?

Know the risks. Be aware of eye safety hazards in your workplace. Wear protective eyewear. Many eye injuries happen to workers who are not wearing protective eyewear. Others are injured when they wear the wrong kind of eyewear for their jobs. Work safely. Have your vision checked regularly and follow work safety rules.

Don't let an eye injury cost you your vision. Make vision a health priority.