



Healthy Vision Program: Making Vision a Health Priority

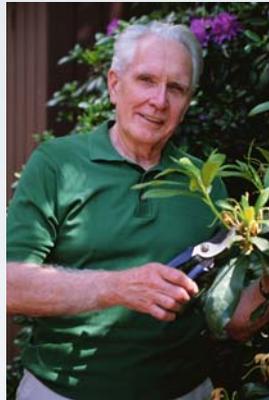
Eye Disease





The Healthy Vision Program is...

Vision is an essential part of everyday life.





The Healthy Vision Program includes...

- Examination and prevention
- Eye disease
- Injury and safety
- Vision rehabilitation



Healthy Vision Program: eye disease objectives

- Reduce visual impairment due to diabetic retinopathy.
- Reduce visual impairment due to glaucoma.
- Reduce visual impairment due to cataract.



What is diabetic retinopathy?

- Diabetic retinopathy is a complication of diabetes.
- Diabetic retinopathy is a leading cause of blindness.
- Diabetic retinopathy often has no early warning signs.



People with diabetes should have a comprehensive dilated eye exam at least once a year.



What is glaucoma?

- Glaucoma is a group of diseases that can damage the optic nerve of the eye and result in vision loss.
- Glaucoma has no warning signs.
- Glaucoma causes vision loss, even blindness, when left untreated.



**People at risk for glaucoma
should have a dilated eye
exam every one to two years.**



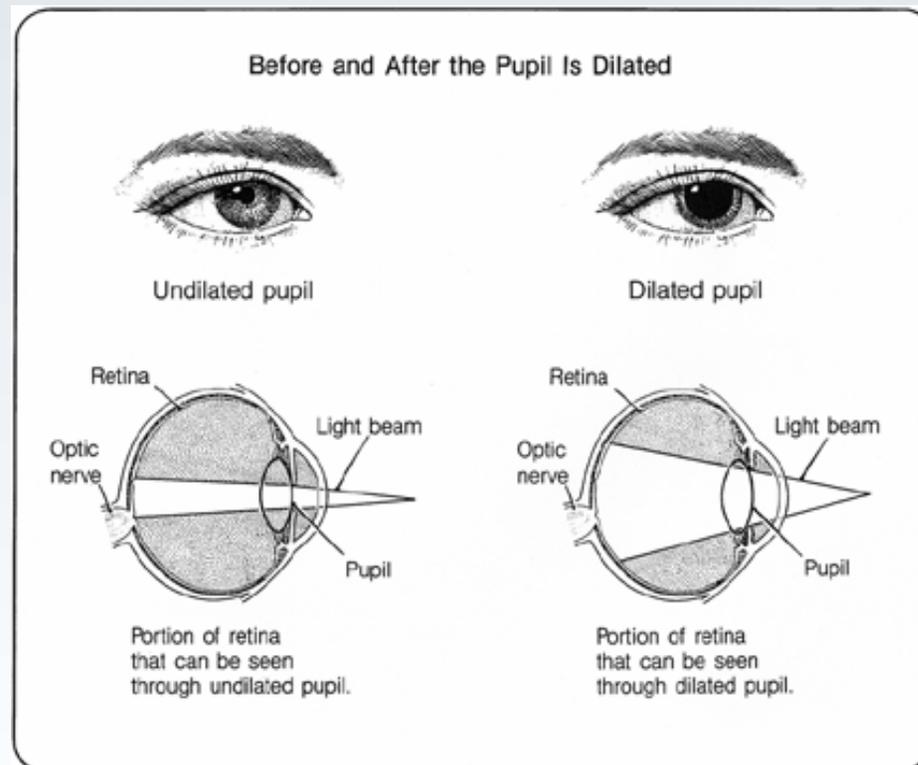
What is a cataract?

- Cataract is a clouding of the lens of the eye that causes vision problems.
- The most common type of cataract is related to aging.



**Cataract can be detected
through a comprehensive
dilated eye exam.**

What is a dilated eye exam?





How the Healthy Vision Program works

The Healthy Vision Program challenges individuals, communities, and professionals—indeed, all of us—to take specific steps to improve the eye health of people living in the United States through prevention, early detection, timely treatment, and rehabilitation.



You can help

- Begin at home
- Become an advocate
- Start something in your community



You can help

- Use the Healthy Vision Program resources
- Add the logo to your Website
- Identify partners to work with you



**Share in the success of the
Healthy Vision Program**



Visit the Healthy Vision Website

[http://healthyvision2010.
nei.nih.gov/](http://healthyvision2010.nei.nih.gov/)



Join the Healthy Vision Consortium

[http://healthyvision2010.nei.nih.gov
/about_hv/join.asp](http://healthyvision2010.nei.nih.gov/about_hv/join.asp)

Contact the National Eye Institute

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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
National Institutes of Health
National Eye Institute



Make Vision a Health Priority